

VOLUNTEER

Students
at

Haym Salomon
Home for the Aged



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Home for the
Aged

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Volunteerism

Joanne Cruz

Volunteerism means to me if you have time and you want to help somebody or do something you like. I am a volunteer. I help people in Haym Salomon Home for the Aged. I transport people, talk to them and play games with them. I don't get paid, but I do it because I love it. I do it with my heart. It means a lot to me. It makes me feel good, knowing I can make a difference.

Mindy Frank

Volunteerism means to me when I come in early or stay late it is my free will. When I come in early after class I will go to work. I can get people downstairs a little early. I can have more time with me. Once in a while when I stay late like yesterday I had nothing to do. So I stayed here and helped out.

Carmen Cintron

Volunteerism is a special word to me. Why? Because we get to help special people. I like to help people; especially transporting and playing games with them. I used to do volunteer work before, but it wasn't too much fun. Here at Haym Salomon I have lots of fun with the workers, the residents and sometimes the supervisors. That's why I volunteer at Haym Salomon.

Ayanna Brown

One who volunteers really enjoys working and helping people. I am one of those caring and outgoing people. Volunteerism is a part of my life. If I have the free time I to VTC programs and volunteer my time. Volunteerism means to share my presence with those in need and those who can't help themselves.

Carlos R. Lozada

Volunteerism means to me some things that come of your own self to work as a volunteer. Like for example, if you don't have to work and you do it out of your own will to do it on your own. Like if you don't have nothing to do you decide to go to work.

Friendship

Carmen Cintron

I decided to write about my best friend Vanessa Ramos. She's 18 years old and has a 2 year old son named Justin who is my godson.

Vanessa and I be having mad fun together. We go to movies and to the clubs all the time. When she meets a guy, I always get hooked up with his best friend or vice versa.

Vanessa is also a very pretty girl. She's Puerto Rican and Hawaiian. She's a very fun person to be around and that's why I'm glad to have a best friend like Vanessa Ramos.

Mindy Frank

The person I'm going to describe to you is my best friend, Sixto. Sixto has short brown hair and big brown eyes. Sixto is the most caring person in the whole world. He is always there when you need a person to talk to. He will listen to your problems. That's why I picked Sixto Cruz to be my best friend.

Rothman Tejada

The person I'm describing is my best friend, Mark Gopie. Mark comes from Trinidad and Tobago. His ancestors were Indian. So, therefor, he has Indian blood. Mark is fat, has a fade with long hair on top, a thin beard that looks real stupid. Mark gets me sick sometimes when I ask him to come with me to the store and his answer is always, "NO!"

Irina

My friend's name is Ayanna Brown. She is a very nice girl. She was born in the USA.

Her eyes are dark brown. She is 5'4" high and 135 pounds. Ayanna Brown has a light skin.

Ayanna Brown has a good personality and she is very intelligent. She is always nice to me and to everybody.

Lanna Elmore

My friend's name is Omar. He's so sweet and kind. When I need him he's always there for me. When I'm sad he makes me happy. He's so loving and caring. He loves me and I love him. He tells me when he's down. He's the kind of person that give help when you need it. He also gives respect and trust.

Ayanna Brown

The person I am describing is my friend, Mike. He's about 6'1" and has pretty brown eyes, brown hair and he's brown skinned. I think he's a very interesting person. There are a lot of things I like about him. One of them is he's very easy to get along with. He's very intelligent. He just loves to teach me things. When I ask questions he's always there to give me the right answers. That's my best friend. He's very easy to describe.

Carlos R. Lozada

I would like to describe my best friend. One of my friends is the type of person who likes to smoke a lot of weed and hangs out with all of us. We always love to smoke and hang out with the girls; and we love to go to party; and, boy, do we have lots of fun with the girls and

meet their parents. I hate meeting a girl's parents, because parents give you lectures about how to treat their daughter and what kind of guy they want for her.

Joanne Cruz

I am describing somebody very important in my life. I know Max will always be there. When I come home after school and open the door, he comes to me and gives me a big kiss. I love him very much. I take him everywhere I go. He has brown big eyes, brown hair and always smells good. Whenever I feel sad and blue I can count on Max to make me feel good. If he should ever die, I will too. Max and I are a team. I love you Max -- best, best friend. Everybody should have a dog like my dog, Max.

Goals

Carmen Cintron

My goal in life is to become a successful working woman in the nineties. But before I can do that I first have to receive my General Equivalency Diploma and to receive my R.N. Certificate.

I would like to be an independent woman and not on welfare. I would like to be merry and have at least two children. I'm not going to stay at home and clean and look at soap operas all day. I want to have a nine to five job. I would like to work at Haym Salomon Nursing Home with the residents.

I want to have all things that I couldn't have when I was younger. I want to move out of the projects and live in a nice Victorian house. I want my parents to live with me. I would like to live in

Manassas, Virginia. Like I said before, I want all those things and I have to succeed and receive my GED. I know one thing, I will be a successful person in this world and make my parents very happy.

Barbara M. Lopez

I have a lot of goals in life. I want to reach to the top. I want to get ahead in life and be able to make money.

Since there's no easy way out, I want to go to college and study to become a psychologist. Why?...Well, I want to help people with their social and sexual lives. I also want to make enough money so I can buy the house of my dreams and have the things that I never had as a child.

In conclusion, my goal in life is to become a psychologist to help find solutions to people's problems and try to make enough money to buy all the things

that I desire including a savings bond for when my kids go to college. If all of this comes true, then I'm set for life.

Karlene Rivera

My aspiration is to become a role model for my little sisters and brothers by getting a job in home care for old people and then getting my GED to show that I have some type of knowledge. Most important I will become an independent woman to show them they can do it. That's my goal.

Mindy Frank

My aspiration is to become a nurse. The reason why I say this is because I like to help people out when they are hurt or sick.

I will have to study a lot, go to college and watch the other nurses. When I go to college it will take me four years to

become a nurse. After I finish I will try my best to get a job in a doctor's office or a hospital. I would really like to work with children. But whatever I get I will take.

Carlos R. Lozada

What I want out of life is a good career out there. I want to help other people who need my help. I take care of the old people who cannot walk or do any thing by themselves any more. If I do have this career, I would love to play football for the San Francisco 49'ers. If I do all this I would love to buy a mansion, throw parties every Friday night. I would teach my kids how to play football.

VTC

Rothman Tejada

When I did not want to stay in school a teacher told me to go to an alternative program called VTC on 65th Street and 12th Avenue. VTC gave me a good opportunity to do whatever I wanted to do in the medical field. They trained me real good. Sometimes I try to figure out how to thank my teachers. I've been here for about ten months. Over the summer I went into MTC to study how to be a nursing assistant. Today is my last day in MTC. I will be graduating soon. When I become a nursing assistant and get my first check I will show everybody my appreciation.

Barbara M. Lopez

I entered V.T.C. because I couldn't finish school sitting in all those classrooms. I decided to get some kind of training.

The way I see myself upon completion of this program is getting a nice job in an office, getting well paid and able to prove myself and my skills.

Opinions

Camille Gumbs

Today we have opportunities like women's rights. Women have the right to work just like a man. A woman has the right to choose and to have any career she wants.

In this time period there are more cures for sickness. There are cures for some sexually transmitted diseases, treatments for cancer, AIDS and lots more.

This time period is also worse than before. There are more children with guns. Children now are taking guns to school and play because they think they have to protect them selves. A lot of teenage girls are having babies. A lot of teens are having sex and getting pregnant. Another problem is abortion. Too many teen age girls are having

abortions. I think it is wrong for someone to kill their child.

The biggest problem I think we have is the homeless. There are too many homeless out on the street. We need to get them together and help them to help themselves. If we help them get a job and a home we will get back a lot of goods out of it.

Camille Gumbs

I think there should be seat belt laws. People should wear seat belts for their own good. Seat belts can save their lives. When you are driving or just out with a friend for a ride you must put on your seat belt. When you are riding one day and someone runs the red light and hits your car and you are not wearing the seat belt you can get hurt a lot, but if you are wearing your seat belt you can not get hurt so much.

Nadine Lacroix

I'm a good worker when I'm working in an office. But I'm a bad worker when I work in MacDonald's because I hate taking people's orders. The reason why I like working in an office is because I am a responsible person and I could never be late at a job. I'm very friendly and understanding.

Barbara M. Lopez

The most interesting event that ever happened in my life was when I left home for some time. I started having the freedom that I never had when I was back home. I started to get noticed; and I used to spend time with my honey till 3 or 4 in the morning. Being with him let me be creative and be myself. I guess being away from home made me the person that I am today.

Barbara M. Lopez

My opinion about the 55 mile per hour speed limit is that it should be repealed. People should be allowed to drive as fast as they want, but with precaution. Making it remain at 55 miles per hour wouldn't be a good idea.

I also believe that the 55 mile per hour speed limit shouldn't remain because people won't get places on time; and there will be angrier drivers because some drivers may be driving too slow.

In conclusion, the 55 mile per hour speed limit should be repealed. People have the right to drive as fast as they want.

Barbara M. Lopez

Home entertainment has a good effect on modern life. Having cable in your house is fun for the simple reason that you could bring your man or girl over and

you could have your own privacy while watching a movie.

Barbara M. Lopez

The reasons this world is getting worse are because the rate of violence and crime is increasing. A lot of racial interactions are going on. That's why there's a lot of killing. A lot of negativity's going on in this world. Also the drugs are taking over a lot of people's lives.

The reason this world is also better than back in the days is because they are making centers for the kids so they can get them off the streets. Technology is better than before. There are a lot of cures for some diseases. The existence of welfare is better because they help people support themselves and their families.

In conclusion this world has a positive and negative view. Just live and learn and try to survive in this world.

Barbara M. Lopez

Anger is a negative inner emotion. There are different ways to deal with anger. Sometimes anger is bad for your health. It affects your mind as well as your health. You have to talk to someone in order to take some of that stress out of your system.

The way I deal with it is I try to conquer the anger on my own. But, if it is too much to handle I'll talk it out with a few people whom I can trust, because not everyone is a friend.

Six things that get me angry: 1) when a person tries to play with my emotions; 2) when a guy tries to overcome me when he knows he doesn't stand a chance; 3) when people try to put me down; 4) when I argue with my man; 5) when my parents don't hear me out; 5) when people start with me, but don't finish what they start.

To Be Remembered

Mindy Frank

If I die today, I would like to be remembered for being a great child and a great friend. As I grew up, my mother and father never had to deal with me getting into trouble. I always did what was right. Yes, I know that I made some mistakes, but I took care of them myself. And also, when I say I'm a great friend I mean when my friends are in trouble (no matter how bad it may seem) I will always be there for them. Mostly for my best friends and for my family. That's what I want to be remembered for --- these things.

Lanna Elmore

I would like to be remembered for being a good daughter to my mother

when she needs help when she's sick. Also, when she goes shopping and wants me help her or go with her. I would also like to be remembered for being a good friend to my friends when they need help or have problems; also, all the fun times we had together.

Joanne Cruz

If I die today I would like to be remembered as a person who was kind, sweet, understanding and a friend when needed; a person who wanted to make a change in her life, to be somebody, to have a family, go places and do things; a person who had a big heart, who loved her family and friends, who would do anything for her family and would like her family to tell their children about her to keep her spirit alive.

Carmen Cintron

I would like to be remembered for being a good daughter, sister and, of course, a good friend. But if I were to die today I wouldn't want my family and friends to cry for days. I would like them to think that I'm in very good hands, which, of course, I would be. I would like them just to remember me by my laughter and dumb jokes. But anyway, just remember me!

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